



**2019 WORLD MASTERS  
Weightlifting Championships  
Montreal- Canada  
16th - 24th August 2019  
Results / Résultats**



Rank	Lifter	Nationality	Body Weight	Weight Class	Born	Age Group	Snatch 1	Snatch 2	Snatch 3	Clean & Jerk 1	Clean & Jerk 2	Clean & Jerk 3	Total	Sinclair	SMF	Team Points
<b>S24, W50 - 64 - 71 KG</b>																
1	PICKING Michelle	USA	62.35	64	1969	50-54	54	-56	-57	67	-70	71	125	164.86	210.86	28
2	RUELAS Shari	USA	63.35	64	1968	50-54	52	54	-56	66	69	70	124	161.97	210.08	25
3	DAMME Annett	GER	63.60	64	1967	50-54	50	-53	-53	65	-70	-70	115	149.86	197.21	23
4	PAULLAY-BEAZLEY Genice	NZL	62.40	64	1969	50-54	50	-53	-53	65	-70	-70	115	151.60	193.90	22
5	VREDEVOOGD Michelle	USA	63.20	64	1968	50-54	-50	-50	50	61	63	-64	113	147.81	191.71	21
6	GUÉNETTE Sylvie	CAN	62.45	64	1966	50-54	44	48	-50	62	-65	-65	110	144.94	193.93	20
7	COLE Mary	USA	61.65	64	1967	50-54	47	-50	-51	55	-58	-58	102	135.47	178.28	19
8	ALLEN Tracy	CAN	61.00	64	1968	50-54	41	-44	-44	-57	57	-60	98	131.02	169.94	18
9	CLARK Suzanne	NZL	61.35	64	1968	50-54	40	-44	-44	50	-55	55	95	126.56	164.15	17
1	HERSHEY Ronay	USA	69.30	71	1967	50-54	61	63	-65	73	77	-80	140	173.71	228.60	28
2	WILSON Larisa	USA	70.40	71	1968	50-54	59	62	-65	77	-79	-80	139	171.02	221.81	25
3	PERRIER Jennifer	USA	69.50	71	1969	50-54	53	55	-57	-66	-66	66	121	149.90	191.72	23
4	ESPINOSA Laurie	USA	70.25	71	1966	50-54	-51	51	-54	68	-71	-71	119	146.58	196.12	22
5	KIM Michelle	USA	69.00	71	1969	50-54	-45	45	47	61	63	-65	110	136.81	174.98	21
6	TAN Lay Sang	SGP	69.30	71	1966	50-54	38	41	44	50	53	56	100	124.08	166.02	20

Ref 1 Emery Chevrier - CAN

Ref 2 Andreas Degworth - AUT

Ref 3 Gwen Chamberlin - USA

Jury President

Jan Hinrichsen - SWE

**ELEIKO**  
RAISE THE BAR